

AYDIN *Young* PENS



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DEVELOPING WITHOUT GLOBAL WARMING!

Causes and Effects of Global Warming or (The Earth has a fever! Is Man a virus?)

Our pristine world has been changing over time due to some important causes and effects of global warming. Especially, today, effects of global warming have reached a disturbing level on people's lives. So, what does global warming mean? It is a term that is used to describe the gradual increase in the average temperature in the earth's atmosphere (by increasing of gases in the troposphere layer of the atmosphere) and oceans. How do the atmospheric changes that cause global warming happen? The gases which are emitted into the atmosphere by all the human activities create a greenhouse effect, and as a result of it, the temperature on the earth's surface increases. Then the stratosphere, the upper part of the atmosphere, cools, and the bottom troposphere layer warms. So, the event that we call global warming occurs, and it has also many other causes and effects.

The earth's surface is warmed up by rays of the sun, and the earth reflects these rays into the atmosphere, and some of the rays are held in the atmosphere by the greenhouse layer. In fact, this greenhouse layer is a natural cover of the earth that includes methane gas, water vapor, carbon dioxide, ozone, chlorofluorocarbon and nitrogen dioxide gases. This natural cover sets the temperature that is necessary for the earth and its stable temperature because the earth needs to have the necessary temperature level. The greenhouse layer reflects and sends back some harmful rays that come from the sun. If these gases had not existed, then, the harmful rays would have caused of earth to get too warm or too cold, and the extreme heat difference between night and day would have threatened life on earth.

To begin with global warming causes, many things cause global warming. First of all, not using renewable energy resources, and instead of them, burning fossil

fuels such as oil, coal, natural gas, and the toxic gases such as carbon dioxide, methane, oxides of nitrogen are emitted into the atmosphere because of these fuels. Moreover, fumes from factories and household chimneys, forest fires also cause global warming. At the same time, reducing of forests and green areas, rapid population growth, increasing consumption and generally changing consumption habits of countries cause gases such as carbon dioxide, methane, etc to accumulate in the atmosphere. And this accumulation also leads to global warming. As a result, greenhouse, which is a natural event, causes the global warming and disruption of the earth's thermal stability by the poisonous gases that are accumulated by human activities. According to the records, the average global temperature has increased by 0.5-0.8 percent since 1860, and especially, the increase in the last 50 years is at the highest level. It also has had visible effects on human life.

Moreover, global warming also has many consequences. The effects and the consequences of global warming are felt from every corner of the world from the highest peaks of mountains to the depths of the oceans. For example, the snow cover of the Northern hemisphere has decreased about 10% since 1960, and during the 20th century, it was observed that the sea level has increased about 10-25 cm. In addition, the general results of global warming are melting of the glaciers and reduction in salt content in the oceans, disappearance in the currents, climate and season changes, early spring and late autumn, extinction of some animals, landslides, long term and severe droughts, desertification, forest fires, rapid depletion of water resources. These effects also have a big role on people's lives because they increase the risks of heart diseases, respiratory tracts, infectious and al-

lergic diseases. Unless precautions are taken, the consequences will be worse and worse.

Furthermore, when we look at the effects of global warming in Turkey, the picture also does not look good at all because our country is among the countries in the risk group in terms of the potential effects of global warming. Normally, we can also see global warming's effects in our country. For example, without having a spring time, the season is directly changing from winter to summer. Moreover, water resources are decreasing because of the irregular rains, and consequently we eat fruits and vegetables at irregular seasonal times.

In addition, we should take precautions to prevent global warming. So, what can we do? For example, as citizens we can have our cars' air and fuel filters cleaned frequently and we can also recycle the garbage from our homes and offices. We also can add many beneficial methods for preventing the global warming, but in my opinion, the most efficient solution and the greatest contribution is planting trees. Every year, each person should plant at least one tree. Additionally, we can use solar energy systems, and have picnics in smaller parks or gardens instead of big forests. And, we definitely must not leave any flammable materials in the forests.

To sum up, because of the causes that are mentioned in previous paragraphs, global warming is a big danger for our beautiful world, and this will be a disaster for our world if we do not take immediate precautions. Human activities, especially developing technology, industrial improvements basically cause global warming. The solution is in our hands, and we can do many things to prevent global warming while we are developing our pristine world.

Hilal YURTSEVEN

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All You Need is



Music affects the brain in many positive ways. It makes you happier, smarter and more productive at any age. Listening is good, and if you can play, it is even better.

Music has played an important role in every culture, in the past and present. People all around the world experience universal responses to music. We are all familiar with how certain pieces of music can change our moods, get us motivated or help us to concentrate. For example, when you are doing your homework, you listen to some relaxing music to help. And now, professors in neuroscience enabled researches to quantitatively measure how music affects the brain. Their discoveries are exciting, and good news for music lovers. Music is a fantastic brain exercise that activates every known part of the brain. Finnish researchers have developed a groundbreaking new method that allows them to study how the brain processes different aspects of music, such as rhythm, tonality and timbre (sound color) in a realistic listening situation. The study is pioneering in that, it is the first time it has been possible to reveal that the brain's width of networks, including areas responsible for motor actions, emotions and creativity, are activated by listening to music.

Let's take a closer look at some of the latest findings. Both playing and listening to music can enhance your brain. If you want evidence of how music affects the brain, it makes sense to look at the brains of people who play a lot of music, such as professional musicians. Their brains are noticeably more symmetrical. Areas of the brain responsible for motor control, auditory processing, and spatial coordination are larger. They also have a larger corpus callosum. This is the band of nerve fibers that enable the two hemispheres of the brain to communicate with each other.

Most of us are not professional musicians, but listening to music can still enhance our work performance. For instance, listening to music at work can make you a happier and, more productive employee, especially if it is music that

THE MOST SEVERE DISEASES OF THE World

Sebahat ÇAKMAK



People never realize how much important their health is until they get sick. In fact, alarm bells have already started to ring for warning us to be careful seriously about our well-beings. In the 21st century with the new developments of the technology, humans act like a machine with less movement and more consuming. World Health Organization (WHO) indicates their results from research in 2012 that most of the global deaths have come from non-communicable diseases such as cardiovascular disease, cancers, respiratory diseases and diabetes in order. Also, in Turkey with the statistics revealed by Tuik point out that the most severe diseases have arisen from cardiovascular system. The common point is that heart diseases come in first for both Turkey and the world. When we think about its reasons, it can clearly be seen that there are many causes of heart diseases, three of which are clarified below. The first cause is unhealthy lifestyle and is, luckily, controllable by stress management and willpower. For instance, smoking cigarettes gradually destroys your cardiovascular system. Its harmful results are even shown on the cigarette box for raising awareness in public. Next one is insufficient physical activity. Our ancestors were living in harsh conditions and were walking kilometers for finding food but today it is easy to have food and you do not have to move from your house thanks to home delivery. Another one is eating habits, spending your days with full of cola, chocolate, chips and other processed products that are not even food because of artificial substances in them. These types of food do not help to reduce your heart disease risks but increase, unfortunately. The next reason is uncontrollable factors that we are unable to change because they come from birth and are inborn. Despite the fact that cardiovascular diseases improve approximately ten years later in women, it is still a big issue for both genders.

you have chosen. Office workers are allowed to listen to their preferred choice of music to complete tasks more quickly and come up with better ideas than those who have no control over their musical choices. Science has proven what music lovers already know, that listening to upbeat music can improve your mood. Listening and playing music reduces chronic stress by lowering the stress hormone, cortisol. Music can make you feel more hopeful, powerful and in control of your life.

Listening to sad music has its benefits as well. To give an example, if you are going through a tough time, listening to sad music is cathartic. It can help you to get in touch with your emotions to help you heal. Another point is, music helps you learn. Many schools have cut music programs due to losses in funding, and this is widely believed, by parents and educators, to be a big mistake. Music whether taught in or outside of school, helps students excel in the following ways: improved language develop-

ment, a small increase in IQ, improved test scores and so on. Lastly, music can improve mood, increase intelligence, enhance learning and concentration, and ward off the effects of brain aging. Music therapy can help you get over various mood and brain disorders, including Alzheimer's. No matter your age, it is never too soon or too late to fill your life with music.

Gamze YILDIZ

RESPECT

Every day, we mostly use buses, trams, metro-buses, metros, which are generally overcrowded for all of us. The situations that we face everyday are really horrible; especially for elderly, pregnant, disabled people, and women with their children. As young people, we should help solve and get over these horrible situations by being aware of the difficulties of having one of the stated positions. How can we solve this problem? First of all, we can start by learning to be respectful. To begin with, I want to talk about my different expectations from the young generation. My basic concern is about the actions of our young generation that is really problematic about the awareness of showing respect to others. In my opinion, our culture, which includes, primarily, being respectful for elder ones, is changing recently. I have noticed on the metro-bus and other forms of public transportation, many young people do not offer their seats to the elderly when in fact they know the elderly need the seats more than they do. In addition, our young generation cannot bear anything, anymore. City life has them rushing and behaving recklessly, and as a result they lose their patience and respect for other people. Their misbehaviors especially affect the older generation negatively. For instance, when an elderly person tries to get on public transportation, they naturally move slowly and young people do not want to wait and they suddenly start to shout at them to move faster. I really wonder what they will do when they get older. Additionally, young people should also help women with babies by offering their seats to them. If young people were more thoughtful, the city we live in would be a more livable place for all of us. Unfortunately, the elevator systems designed for the elderly, pregnant, and disabled people are used by healthy young passengers. And this usurps their rights, which is unacceptable; and those people who really need to use these systems such as elevators, sidewalks and handicapped parking spaces cannot use them at all. For example, unsympathetic people park their cars in

places for disabled people or embossed sidewalks. Actually, it is a shame that people still tend to do these kinds of things.

Moreover, one day I went to Cerrahpaşa Hospital to donate blood. When I was in the subway, an old man got on. I saw that he was barely standing. I immediately stood up to give him my seat. He slowly walked to the seat but at that moment a young woman, probably in her late 20's, sat down. I looked at her and said "What are you doing? Get up please, the old man needs to sit." She looked at my face, rolled her eyes and didn't even stand up, she continued sitting. I got really angry and the old man said "It's okay my child. She is probably older than me, let her sit." I couldn't find anything to say as a result of her misbehavior.

Especially, during rush hours, the metro stations are very crowded, and there are also elderly workers, pregnant women, and disabled people on the platforms waiting to go home. However, some disrespectful young people do not allow those people to get on or off the metro properly. For example, a young person pushes another person to be able to get on the metro and take a seat. By doing this, they do not only squeeze in people but also harm, especially, the elderly, pregnant and disabled people. Once there was a woman who was waiting on the platform and was pushed by a young man, then the woman became stuck between the metro doors. It was really horrible. After that, an argument broke out between them, and the young man shouted at her. What a disappointing and disrespectful situation it was! Furthermore, there are tactics that young people use to not give their seats when on public transport. Young people are usually focusing on their phone to avoid looking at people who need their seats. Most of them pretend to

be sleeping, but in fact they are not. They also put their earphones in and focus on the road from the window. They try not to look at the aisle side as much as possible. They believe that if they have eye contact with others, they are going to lose their seat. Actually, it is very rude behavior, but they are not aware of it, and they think that nobody notices them while they pretend to be sleeping or looking out the window.

Consequently, we shouldn't allow our culture to be changed into a disrespectful one because of these rude young people. We should pass on our beautiful culture, including respectfulness, to the next generation. At the same time, we shouldn't forget that we will get old, be pregnant, have children in the future and there is the possibility of being disabled. Therefore we should be aware of our environment and be respectful to such people who really need help in the community.

ND 222 B Class Members



A RECIPE FOR *Happiness*

Have you ever wondered why happiness is so important to people? How does happiness affect a person's life? The reasons for happiness change from person to person because their expectations are different. I think contentment is the key to happiness.

To start with, I believe our thoughts shape our lives. If people focus on being happy when

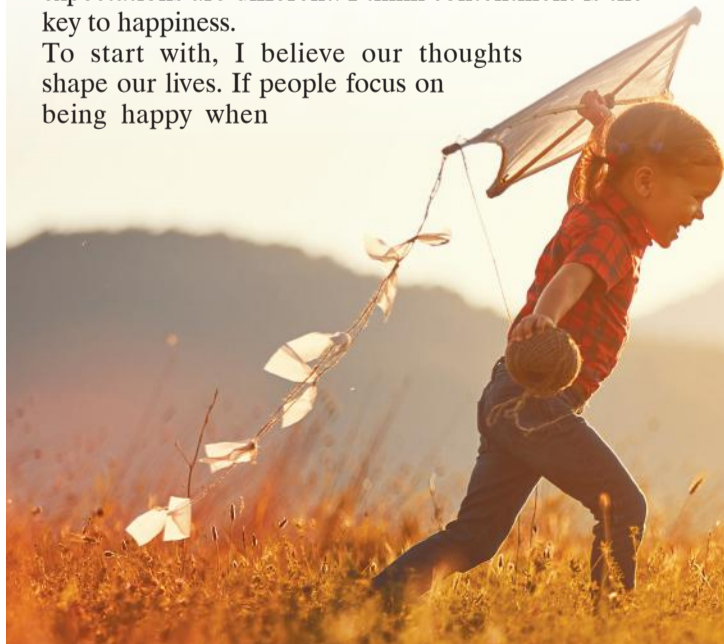
they achieve their goals, they can easily feel happy. However, we sometimes have to struggle to achieve our goals. Never let challenges make you feel bad, never give up and refrain from negative thinking.

Moreover, relationships are linked to happiness; family, friends and loved ones are always important. Most people experience happiness in their family while they are growing up. Then we have friends with whom we spend much of our time and experience happy memories with. And then there are romantic relationships! As most know, love is the most innocent emotion in the world. Who can stop smiling and feeling butterflies in the stomach when in love? And who doesn't feel unhappy when they fail in romance. Always

remember that we are all individuals and our relationships cannot be compared.

Likewise, happiness doesn't depend on people. Some other factors may play a role in being happy. For example, having a hobby can make people happy. When you improve yourself in something you enjoy doing, it is also a reason to be happy.

To sum up, happiness is the best emotion, but sometimes difficult to achieve. What matters is how you control or balance your mood. It is quite natural for people's moods to switch between good and bad. If you are always optimistic, hopeful and/or content, you will manage to lead a happy life. Whenever you feel sad, you should remember that there are billions of cells in your body and all they care about is you! :)



Ayşe BORA

DON'T BE AFRAID TO FALL, YOU WILL FALL



Don't be afraid to fly and dare to spread your wings above the highest mountains and the deepest valleys.

Don't be afraid to cross the oceans and the seas.

Don't be afraid to compete with the fields and meadows extending to the horizon.

Don't be afraid to fall, you will fall many times anyway.

Don't be afraid that your wings will hurt and you won't be able to fly sometimes.

Don't be afraid because that will make your wings stronger.

Don't be afraid that you will be broken on all kind of rocks on earth before you can reach the sky and touch the clouds.

Don't be afraid and know the deeper you fall, the higher you will fly.

Don't be afraid, just make sure your fall is temporary and your flying is permanent.

Don't be afraid when you stand on the top of mountains and look at earth.

Don't be afraid, just close your eyes and spread your wings and dare to fall my little bird.

Mudallala Mohammed
MOUSA



We live in a world of consumption. Anything we buy is built so it will not last forever. Therefore, we buy the same objects over and over again nearly every year. For example, you buy a brand new phone, but you obviously know that in one or two years' time it will break down in some way. We have all experienced it. Everyone has a story to tell about this situation. So, we can say that things are now built in such a way that we cannot fix them and have no choice but to replace them with a new one.

If we look at the subject in terms of the elder members of our families, they used to make their own possessions themselves generally by carving wood. At that time people were more productive than we are today. They had fewer possessions, but they were happy with their lives. Today, in the world we live in, we have lots of things which are expensive, attractive and these objects make our lives easier, but we are unhappy. So, we can say that the consumption culture has sold us an endless sadness. However, no need to be sad, don't be sad. Minimalism is here to help you. The idea of minimalism first appeared in the 1960's. It is a tool which can help you to find freedom. That is, freedom from worry, depression and the trappings of the consumer culture we have built our lives around. And, today's problem is that we give a lot of meaning to our possessions. We are even forsaking our health, relationships, personal growth and passions.

Minimalism is not a restriction. It doesn't mean, if you are a minimalist, that you can not have a car or others like that. If you want to have a car, of course, you can have it. The important point of minimalism is that it allows you to make these decisions consciously.

To sum it up, minimalism is a tool to focus on important things, and eliminate those that are unnecessary, so you can find happiness, fulfillment and freedom.

Benefits of Minimalism

We can see examples of the idea of minimalism in visual arts, like painting and sculpture, interior design, fashion, photography, architecture, music, and so on.

There are so many reasons why minimalism spreads so quickly in so many areas and even in every individual's life who chooses to live as a minimalist.

But, what about you? Have you ever dreamed of owning less? If yes, then you will know what I am talking about, but if not, there is a way out for you below.

Being a minimalist affects your life in the area of financial freedom. By spending less and choosing only essential needs will often result in a huge amount of financial return in the long run. And also, in a minimalist home, you will not see unnecessary things around you, and that will reduce your stress significantly. In such a minimalist home, cleaning is a piece of cake. Moreover, the less we consume, the less harm we do to the environment. Thus, animals will benefit from such an environment, obviously.

In addition, our possessions consume our time more than you realize. By consuming less, you can be more productive and more creative. After that, you will have enough time to think about the most important issues, not the useless issues. For example, if you watch less TV, you will spend more time reading. Also, with less shopping you will go outdoors more and discover the world around you. Just fill your life with experiences, not things. That will give you the happiest moments you will ever have.

Do not forget, the more stuff you own, the more your stuff owns you. With less stuff, you will regain the chance to make your relationships better. Your friends and family are waiting for you to pay attention to them. Living in the moment is possible with a minimalist mind. Declutter your mind, and free yourself. This is the time to pursue your passions, when you are young and energetic. You have already spent so much spare time with useless stuff, so do not waste any time from now on. Focus on your personal growth and discover your purpose in life and then, you can have the happiest life you deserve.

Özlem AKTA

HOW MUCH DO YOU

Here is the thing about love: It is difficult to put into words. People can talk about very different kinds of love: child love, divine love, family love or animal affection. However, when we say "love" the first thing that comes to our minds is the love of a lover. But love is complicated and it may not last forever. Sometimes this primary feeling may end. There are a lot of reasons why people break up.

To start with, I want to talk about distance. People who love each other often leave when a distance enters their relationship. For example; when they win different universities in different cities, they enter the distance. They meet other people and spend less time with each other. This distance between them hinders negotiations. Unless they can see each other, they are becoming friends with other people, the love between them is dying and they break up.

Moreover, relational monotony between people is a big reason to break up. Because the things that are done become habit and become boring. If after a while the excitement of the relationship, the happiness of seeing each other disappears, then the relationship is monotonous. Then people are getting bored and they break up.

The last thing is cultural differences. The thought of people who grew up in the village and in the city are often not the same. Some of them are university graduates, some of them primary



Nurdeniz ERTÜRK

school graduates. Disagreements arise when the thoughts do not match. In other words, cultural differences can also be the cause of a break up.

In conclusion, many things can cause people to break up. But the most important thing is living a happy relationship. For that, remove the bad effect from yourself and be happy.

TIME MANAGEMENT

HOW CAN WE USE OUR TIME?

Shamsedin ALO

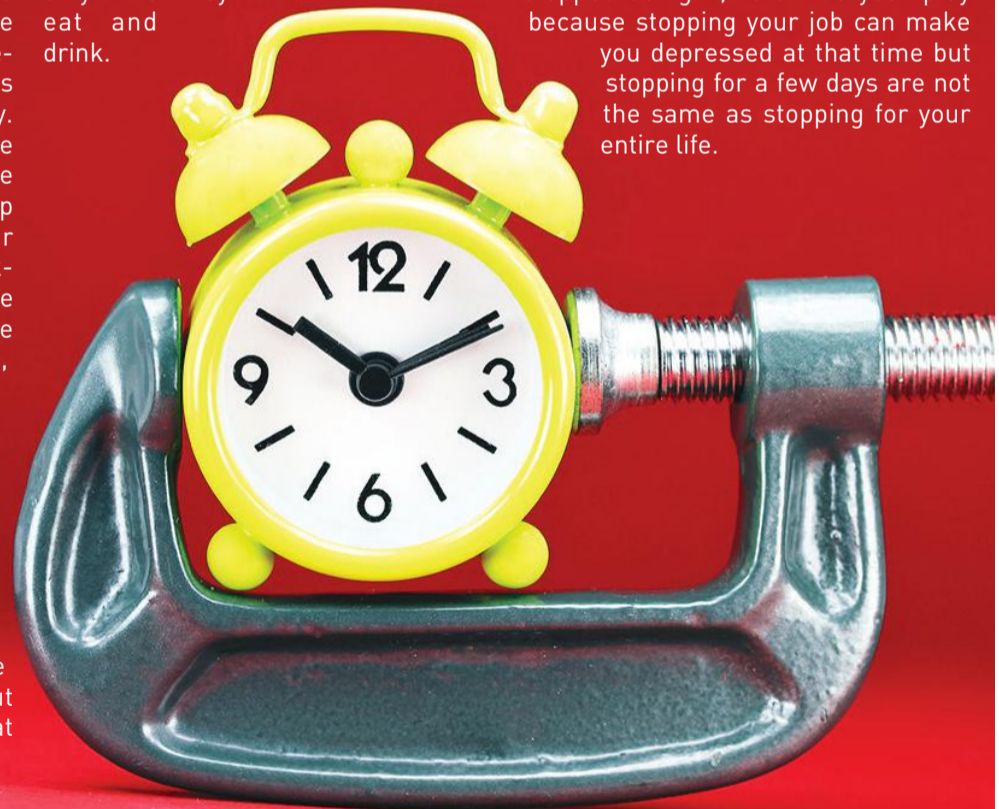
Time is the most valuable thing that we have after we have come into the world. It is the time we have through our life until we pass away. It is also an instrument that we can use to do better in our life, families, countries as well. There is something which makes us different from other living things, that is to become a human being that can use his time properly if he is wise and who wants to play a role in his life. We know that all people are created equal and have equal opportunity, but there is something that makes all people different: that is, while somebody knows the value of time and somebody doesn't. It is a big problem to not know the value of given time to do something that is better for life. We can do better for our life. We all know people do not equally benefit from the time they have in this life. We believe that most human beings have a misunderstanding about time. The majority of today's generation has a big difference between the people who use time properly and those who don't. There are a lot of reasons that make them spend their time improperly. From the things that makes them careless, misunderstanding about time, lack of education, lack of some other things, like thinking about what makes him different from animals, forgetting he has responsibilities that he has to fulfil in his life. We know that not all people equally understand what time means. But not knowing the value of time has its own problems, for example, no one can succeed in his life unless he knows the advantage of using time wisely and also the disadvantage of not using it wisely. Let's say we are on a football field for a big champion league match and after the play has started there are only 90 minutes given for this game, so unless we play hard within the given time we are out of the game. This means only the team who played well can receive the World Cup and the winning team laugh the rest cry. Our life is also the same with this kind of things, a lot of people say the day is too long and another says this year is not finishing

while others suffer from a lack of time to complete tasks. There are some things in reality in our life, that is people who are using their time, and it isn't enough for him because there are a lot of responsibilities we have to reach our goal. For example, let's guess how long will we live and also the time we waste since we were born until now to see how many years, months, weeks, days, hours, minutes, and seconds we finished comparing with the things you did for your generation and you are planning for the next generation as well. How many of us think about such things in life? Unfortunately, time knows if a person used it properly to give him the result of his struggle but no one thought so. For these reasons we have to change several things starting from ourselves. We all have limited time that all of us have been given since we were born in this world. We can't see it but time is killing us without a sword, it means it is running fast and there is nothing as fast as time. As it becomes faster our age increases but no one realises as it is passing like the wind blows in front of us. If we know about time we never waste it, we feel angry to waste it without using it carefully. The most expensive thing is only time because no one can give you some of his time but anybody can give you money. Unfortunately, it is impossible to share one's time because it is a gift. There are some generous people who help you by sharing their time as a favour because sharing our time is also taking away from the responsibilities we have. It is also obligation some people have in using their time. For example, time for meals, time for education, time for play, time for recreation and time for sleep too. We have to know carefully that we have time to fulfil our responsibility to change many things within the time given to us. All things have their time but many of us have problems thinking what we cannot do right now. For example, we think about things that have completely passed but thinking about past things is the biggest problem that

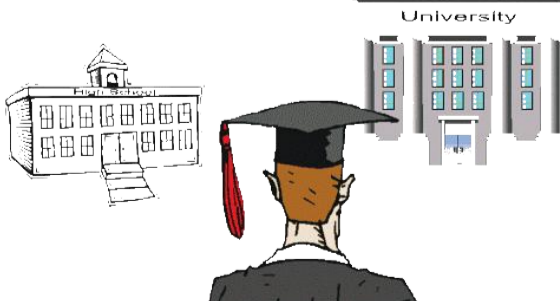
makes as weak in what we have to do at the moment. Whatever we think we can't change anything whether it is bad or not but the only thing we get from such kinds of thinking is failure in our present job. We also think about future things that we don't know about. We think about things that haven't happened yet. Eventually, we lose our time to change something that happened before due to thinking about something impossible. We always forget about the time we are in but this kind of thinking is always inherited as weakness not strength at all. We have to forget about the past whether it is good or not and also about the future. If we do good things today we will see a better tomorrow. Doing something at the moment recovers all things that we did not do well before and for next time as well. For all these reasons the day we are in can play a big role for both sides, for past time and for the next day as well.

There are also some things that make it hard to use our time properly. A big problem is lack of education. A lot of people think only a few things and from those things they think only what they eat and drink.

They don't care for many dimensions, for example not all people know the value of time, only the more educated know its value. Others are only wasting their time on useless things. The more you know the value of time the more you try to use it as much as you can. Because time is something that can change your life if you use it carefully. Time is a very necessary thing that can make us clever or stupid. We have to think how time goes fast if we want to know how our time is passing quickly. That is why we all have to notice our time to change something within our given time. We have to make time for watching TV, playing games and for all these so as to forget our time. There are people who waste their time on bad things and also there are people who do same thing without a program. But we should make plans to do all the tasks we have. We have to share our time for all our jobs and we have to try to fulfil them as we planned. There are also people that stop their plan after they started going on their planned time. But it is very bad to stop something you started during your plan. Even if you stopped doing it, return to your play because stopping your job can make you depressed at that time but stopping for a few days are not the same as stopping for your entire life.



SCHOOL LIFE



Do you know that what the differences are between university and high school? When you become a university student you can understand the main difference is that most students do not like the high school system. They think high school education is boring. To start with in terms of teachers university and high school are not alike. In high school, teachers are less disciplined than university teachers. For example, high school teachers remind you to complete assignments. I mean we have to take care of our own responsibilities. We do not need

someone who always reminds us of our duties.

Moreover there are some differences with university class schedules and high school class schedules. In high school teachers organise students work and how they should prioritise their study time. But in university, preparing for your class is your responsibility. This includes managing and prioritising your work and getting things done on time. Lecturers and tutors will not prompt you.

The last thing is social activities. In high school, students receive incentives to achieve or participate, usually

from parents and teachers. For example, in high school, students do not go anywhere. I mean with school, not with their friends. But in university students can organize events. For example, O Ses Türkiye or 3 Adam. So a university has more social activities than high school.

To sum up, when we think about the differences between high school and university, we can see university is better than high school because students have more responsibilities. So, you will see this when you become a university student.

Nurdeniz ERTÜRK



THE X FILES

We live in a miraculous, beautiful universe. Everything that we see, touch, feel, is designed for human beings' desires and happiness. However, sometimes, there are such creepy and mysterious events that happen to you, and you are stuck in the dusty pages of history, forever.

Black Dahlia, whose real name was Elizabeth Short, was such a beautiful and attractive young woman. At a very young age, she realized that she wanted to be an actress and to achieve her dreams, she went to Los Angeles and turned the page to a new life. At least, she thought so.

In the middle of 1940's, she was working as a waitress in Los Angeles and was still waiting for her big break in Hollywood. Unfortunately, that dream never came true. In 1947, a gruesome incident occurred. Elizabeth's naked body was found in an empty field. Her body was covered with cigarette burn scars, bruises, ligature marks and some of her body parts, like her tattooed skin, were sliced away. However, this was not the worst part. This unlucky woman who also had Glasgow Smile on her face, was cut in half surgically and her entire body was drained of blood. Even the detective, Brian Carr, who was working in her case, said that he just could not imagine someone doing that to another person.

There are many crazy theories about her death. A woman named Janice Knowlton, wrote a book about Elizabeth. In the book, she mentioned about her being a prostitute and even crazier than that, she believed her father, George Knowlton, killed Elizabeth because she was pregnant with his baby. Another theory is that she was killed by director Orson Welles. Elizabeth's childhood friend, writer Mary Pacios, believed that Welles had been privately suffering from mental illness. However, there was no evidence of it.

After 70 years, the identity of the killer still has not been revealed. We still do not know what she went through. Elizabeth just wanted to be famous

like other women of her time, in fact she did, but in an unexpected and brutal way. Now, I will continue with the Dyatlov Pass Incident.

In 1959, 10 Russian hikers, went on a trip to the Ural Mountains under Igor Dyatlov's leadership. Due to an illness, one of the hikers went home. He did not have any idea that he would be the last person to see the hikers alive. After 2 weeks, a search team started to investigate their camping area because in the past 2 weeks, there was not a single word from the hikers, they had just disappeared. When they had reached the camping area, they could only find their tents, which were cut from the inside, and their personal items were untouched. Later, the search team found some of their bodies almost one mile away in a forest and they were not wearing shoes, which is quite suspicious because the weather was almost -30 degrees. This situation brings up a question in our minds, What on earth made them tear their tents and run away from the camping area without shoes and proper clothes? Also, they had severe injuries, such as broken skulls and ribs, but there were no bruises or any visible marks. Almost 500 metres later, they found three more bodies, but to find the rest of the team, took months. After the autopsies had been performed, the horrible truth came out, This was not manmade, there must be something else.

When we look at the examinations of the bodies, we can clearly see that those injuries require quite a high level of pressure because they all had major skull and chest damage and one of them had lost her tongue, eyes and facial tissues. Also forensic radiation tests showed that the bodies had high doses of radioactive contamination. This is another reason why people do not believe this incident was not manmade. Who knows? Maybe they had witnessed chemical experiments, which were made by the Russian military, and they just killed them to protect their experiment. I guess we will never know, until they find the secret diary of Yuri

Doroshenko, who was a group member. Last but not least, I am going to talk about Jack the Ripper.

Jack the Ripper is the best known serial killer who was active in London's Whitechapel area. All the women who were murdered were prostitutes and they were mutilated brutally. In that time violence against prostitutes was not uncommon but murdering them was quite unusual and frightening.

There have been so many theories and thoughts about the identity of the killer. For instance, based on his ability in using knives, knowledge about human anatomy and the mutilations that had occurred, people thought that he was a butcher or a doctor. Recently, there has been only one name that has been suspected as being Jack the Ripper, and that is Aaron Kosminski.

Aaron was a Polish Jew who immigrated to England. He was working as a hairdresser in Whitechapel where all the murders occurred. He also had been seen with prostitutes many times and later it was found out that he had syphilis, which was pretty common with these kinds of relations. In that time, Sir Melville Macnaghten wrote a memo to the Metropolitan Police and said that Kosminski had a great hate for woman and strong homicidal tendencies. If we consider the fact that Kosminski had stayed in an asylum, is it not illogical to believe that he was the killer?

In 2014, author Russel Edwards claimed that Kosminski may have left his DNA on one of his victim's shawl and the author could prove it; however, it has never been proven.

Maybe the people we think are lost, are still with us. Maybe one of your best friends, or one of your relatives has a killer instinct. You will never know because everybody is insane and has that potential. Look around. Nobody is pure. "Is this proper to say?"

REALITY OF OUR REALITIES

“The Truth Is Not Being But Becoming”

In fact, we thought that it was a regular school day till we entered our classroom that day. But no! Because the subject which was provided by our advisor teacher, Murat Kalelioğlu, was the subject that hasn't been solved even by philosophers over the centuries. It was about our existence and reality. Everything was perfect and the hot debate came to a head. We were discussing the given topic about our existence and the reality of itself. The teacher finalized his words after two hours, then, he prompted us with a powerful phrase to question the way of our lives. It was a wonderfully phrased quotation by the German philosopher Karl Mannheim: “The truth is not being. The truth is becoming”. It has really changed our vision and even after the class, I thought about it.

Since the beginning of the world, the one thing that must happen is becoming! While we were questioning ourselves in the class, we came to the point that changing precedes changing in other aspects of our lives. The teacher gave us a magnificent example to force us to think about the process of becoming. The example was about a river. Then, he said, “the water we set our foot in; the river is not the same water even after a second as it is flowing and changing continuously”. And we think that the process is also valid for everything in the world. The example

provided by our teacher made us look broadly at everything around us and ourselves. It is so obvious and easy to see the change in every single thing, and we can give many examples to understand the process of becoming to get better.

For instance, think about a simple seed that carries its whole information or genetic code in it. In time, it turns into a tree, a flower or vegetable, thanks to its existence. First, it is just a seed, but then it becomes a plant under certain conditions, such as enough sunlight and water. Of course, it may just be a seed, but then, it becomes a marvellous tree to put itself into service for humanity. Even though it is a seed, it needs change. We can think of the development process of the seed as the development of ourselves as human beings, which represents almost the same kind of cycle that shows the passage from being to becoming.

In addition, as human beings, we are part of that circle as we need to change our condition, so we should improve our abilities to be the best. So what is truth for humanity here? In my opinion, the truth is hidden in the process of becoming, which shows activeness and the gradually changing situation of a person; whereas, being represents passiveness without any transformation. For example, as human beings, we are born and then die. During this time, we change physically and mentally. That is a kind of compulsory

becoming, but what about our emotions, personalities and abilities? Is our reality just in our being or existence? We can't say that only our passive existence is our reality because it is not enough to change yourself in this life, and it mustn't be enough as everything in the universe needs improvement to lead a better life. Seasons change, time passes, and the sun is not the same sun just, like the weather the day after. So we must not stay the same, and we shouldn't live the same day like the day before. We should always search new things to be able to improve ourselves within our lifecycle provided by God.

In this case, regarding self-improvement, it has two sides. One is about our emotional, social and personal change. The second one is about our physical development. We are born, and our bodies do not stay the same. They, unavoidably, continue to change until death. This is part of our grim reality. However, our basic becoming should be to change our emotions, personalities and abilities into our perfections. To manage this, we must have purpose in our lives. We live on the same earth, and we are in constant interaction with each other. We should improve ourselves gradually, and reflect and share our experience with other people in the universe to make the process more meaningful. Each one of us, as individuals, is like a link of a big chain. We

have only one life to live, so we should live it in the best way possible. What is the best way? In my opinion, it is to become or change ourselves into perfection while living. We all have what it takes for this, so we shouldn't stay the same and live every day in the same way. We can improve the characteristics that we have. When we start to improve the things about us, we can also start to realize our true selves, which will add value to our existence and humanity in the world.

In a word, our becoming (improvement) is attached to what we do or don't do. Do we just talk about others' improvements? Or, do we actually do something about our existence to make it better for a liveable world? It shouldn't be forgotten that we are not the same people day after day. In this case, we must be aware of everything, even a single opportunity provided to us. Then we should start to do something to actualize ourselves as it is the main issue for us in this life. So, are you still waiting for someone or something to do all these things instead of you? If you are, it is a waste of your time as the things you are waiting for are in you. It is never too late to start changing ourselves! Therefore, I invite all of you to the scene: Do not just passively watch the lives of others who are able to take to the stage in their lives, but join them actively to make improvements and changes in your own life.

Hilal YURTSEVEN





THE ABYSS

Have you ever wondered whether there could be a darker place in our world than the whole galaxy? I wondered but I have never thought that there could be. Indeed, I had never known that there was a place like that before I searched for it but then, I was shocked by what I found. The deepest part of the world's oceans is called the "ABYSS". Actually, its real name is the "Mariana Trench" and its characteristic features, history and living creatures are still shocking people. Can you imagine that you could dive in such a dark place when you learn the reality behind it? You may not believe that one of the famous directors of Hollywood dived into the deepest part of the Mariana Trench. Let me tell you who he is; James Cameron. He may possibly have been affected by his famous movie, Titanic besides his urges to do a deep research about it. So, there is a lot to discover about this mysterious deep water hole.

First and foremost, the Mariana Trench was discovered by some scientists. They realized that they found the deepest point of the world's oceans among other deep sea pits such as pits in Japan (10.535m), the Philippines (10.541m) and the Karmatek archipelago (9.425m) when their probe, which was released into the sea from their submarine called "Challenger II", dived to 10.863m in 1951. On 23 January 1960, a bathyscaph (a steel sphere that can resist high pressure) dived to 10.916m and all it found was the Mariana Trench that can swallow 8.850m, Mount Everest! In 1995, they determined that the true measurement of the Mariana Trench was 10.916m and on 25 March 2012 the director of Avatar, Alien and Terminator James Cameron went down in history by diving into the deepest point of the Mariana Trench (Challenger Deep) in his own special submarine called "Deepsea Challenger". He designed that submarine himself and he had Australian engineers make that submarine. That special submarine can resist pressure up to 7.250 tonnes. In addition, the Mariana Trench has 5 parts which are related to its depth: the Epipelagic Zone (The Sunlight Zone, between 0-200m), the Mesopelagic Zone (The Twilight Zone, between 200-1000m), the Bathypelagic Zone (The Midnight Zone, between 1000-4000m), the Abyssopelagic Zone (The ABYSS, be-



Hilal YURTSEVEN

FOREVER WITH US

"Cheerful music from the Red Army Choir, which is one of the most famous choirs in the world"

The Red Army choir is also known as the Alexandrov Ensemble, as its short name, and it was founded on the 12th of October, 1928. Since the 1930's, its reputation has exceeded Russia's borders. The founder of the choir was Alexander Alexandrov, and the purpose of the foundation of the choir was heartening the army and cheering up the Russian people who were under war conditions. Alexander Alexandrov managed the choir for 18 years, and at the same time, he was a state honorary artist. This choir is also known as the biggest live show and brings Russian culture to the world. At the beginning, there were twelve soldiers, one vocalist, an accordion player, two dancers, and a narrator. In time, they improved the choir, then, new members joined, and today, it has 190 members. 142 members of the choir are musicians and dancers. Among these 142 members, there are eleven solo artists, a sixty-man men's choir, forty orchestra members and 31 dancers. All of the members are well-educated in music and choreography. What makes this choir different from others around the world? This choir's different members perform a wide range of music, such as Russian folk songs, church music, opera, classical and popular music. It also has more than two thousand songs in its repertoire, and the most known songs of the choir are Katyusha, Kalinka, Kernina, Polyushka Polye and Ave Maria. This wonderful choir entertains audiences

and brings culture and entertainment. Its enormous energy and joyful stage shows have been watched by over 20 million people worldwide, in more than 60 countries. This fabulous choir has also performed with some distinguished musicians and producers, such as David Foster, Roger Waters, Jean-Jacques Goldman, Steve Barakatt, etc.

In 1978, when the choir celebrated its 50th anniversary, it was given an academic title, which was the highest award in their professional field. This choir is also a perfect example of an academic acapella (non-instrumental song). The success of the choir has been also appreciated both in Russia and throughout the world. For example, it was awarded a great honour at the international world fair in 1937. Their most colorful and impressive shows were held in New York, Washington DC, London, and Sofia.

The Red Army choir has also performed concerts in Turkey as well as in many other countries. Turkish songs, which were performed in Turkish, received great acclaim at their concerts in Turkey. For instance, they have performed Kalinka (performed in Russian) and Ceddin Deden (performed in Turkish) with the Mehter team in Turkey. They also performed, our mega star, Tarkan's song Şıkıdım in Turkish, and Barış Manço's song Genç Osman in Turkish when they came to Turkey for the 95th anniversary of the diplomatic rela-

tions between Russia and Turkey on the 14th of June, 2015. They also performed our folk song Yaylalar Yaylalar, and the 10th year anthem in a private show at their concert on 13th of June, 2015. The audiences were surprised when they heard the songs. These are good memories of The Red Army choir because they were of great value to the world.

One bit of bad news, which the whole world has learned in recent days, was the plane crash that killed 64 members of The Red Army choir. They were passengers on the plane. It was so tragic. The plane belonged to the Russian defense ministry. It was carrying 92 passengers, 64 of which were members of The Red Army choir. The Russian defense ministry published a list, on their website, of the passengers who were on the TU-154 plane. After the plane took off from Sochi city, it crashed over the Black Sea. The reasons for the plane crash is still being investigated by the Russian government.

To sum up, the world has lost the greatest and most wonderful choir ever, but they left a legacy of magnificent songs. Although this tragic event happened, they will always be in our hearts forever with their cheerful, energetic and distinctive performances. Thank you, for all the extraordinary and wonderful musical experiences that you have provided and experienced with us. We will never forget you.

tween 4000-6000m) and the Hadal Zone (The Tranches, below the Ocean Basin line, between 6000-11000m). Scientists said that the Mariana Trench was created by the collision of the Mariana Plate and the Pacific Plate with each other. At the deepest point of the Mariana Trench (Challenger Deep) the pressure is 108.6 megapascal. So, the pressure at the deepest point is 1100 times more than ordinary earth surface. For example, it is like mounting 100.000 people, who gain 100 kg, on top of you.

Lastly, there are so many evolved creatures at the depths of the Mariana Trench. The basic sources of life are there in volcanic eruptions that can be up to 300 degrees temperature and bacte-

ria that can metabolize sulphur which is being taken out from that volcanic eruption. Creatures in the Mariana Trench evolved for both the dark environment and high pressure of the Mariana Trench. Many creatures live between 7.300 and 9.200m and many creatures there look fatal and scary. Many people are afraid of them. Some of the Mariana creatures are: Telescope Octopus, Dumbo Octopus, The Big Red (one of the jellyfish species that has red and pale green colour), Deep-sea Dragonfish (one of the Eel species with a light ball on its head), Barreleye Fish (a kind of fish that has transparent head skin and you can see its brain), Benthocodon (one of the species of jellyfish that has half red-

transparent skin and so many red and yellow tentacles out of its skin), Seadevil Anglerfish (which has a light bulb on its head and so many sharp teeth inside its mouth), Goblin Shark (which has so many sharp and long teeth and a long protrusion on its head) and many more. These creatures can embellish your biggest nightmares.

All in all, no one thought that there could be a special place that can host so many different creatures and incredible physical features. One day, if you pass over the Mariana Trench, don't forget that there is an unprecedented world under your feet.

Burak ÇATMALAR

HOW CAN WE STOP VIOLENCE AGAINST WOMEN?

Violence against women is also known as gender-based violence. The main aim of violence against women is the control of woman's behavior through fear. One of the most important types of violence is domestic violence. It is the most frequent sort and often includes physical violence against the females. The other ones respectively are social violence, psychological violence, violence at the workplace and violence in households.

DOMESTIC VIOLENCE

Almost one out of every two Turkish women living in Turkey is exposed to violence. This issue concerns millions of women and their families. It is striking that domestic violence is considered an internal family problem. It is commonly said, 'He is your husband so he can both love and beat you'. I would like to say all men need to realize that hitting a woman isn't acceptable under any circumstances. The idea that it's 'macho' and that women like it is just one big misunderstanding. Women are still treated as invisible or as second-class citizens in Turkey. Being a woman is never-ending struggle in our country. I mean, it's a matter of empowering woman. If a woman has the ability and the capacity in terms of psychological, societal, educational or economically, I strongly believe that this power gives her rights and the ability to defend herself in the struggle against violence. On the other hand, if you ask people in our society today, most of them will agree that domestic violence needs to be stopped, but yet it is still exists

today. To sum up, we as a society, should firstly educate and teach our children the proper attitude towards women. If we can't use this method in the future, domestic violence will be an even bigger problem as time passes and the other problem is the children who grow up in a house with domestic violence.

SOCIAL VIOLENCE

Because of our society is patriarchal, there is a hierarchical order between women and men. I mean the greatest source of the problem is the idea that man is above the woman, so any kind of violence against women is considered legitimate. Improving the level of the education provided has increased the importance of women's position in society, but we can still see a trace of the patriarchal society. Especially in rural areas, there are many of effects like this. In terms of metropolitan cities, the situation is a little complicated for some territories women gain prestige as well as man, but some territories have not yet because it is multi-cultural. For example, woman generally prefer to drive big vehicles and avoid disturbing other cars, which are driven by men. In addition, even their preference of clothes can be judged in an oral or physical way. Recently, we saw one of example of it. In the metro bus, one guy kicked a young girl because she was wearing Bermuda shorts. I don't know how he dared to do that! In 21th century I asked myself, are there still those kinds of men today? I couldn't believe my eyes when I read the news on the internet. The man was so cool and he didn't regret his actions. He defended himself based on religion and didn't care about human rights. It makes me sick!!!

PSYCHOLOGICAL VIOLENCE

Psychological violence is the most common type of violence experienced by women, such as controlling how you live, for example what to wear, stopping you from going to work or having your own career. Also, psychological violence is very damaging. Psychological violence in marriages occurs when your husband or boyfriend tries to control you from their point of view of what is acceptable or not acceptable according. This is really

un-acceptable because it is a marriage, the wife is not a commodity. This is the reality that damages your confidence or self-esteem. It will cause you great injuries. If the wife has a strong character, then she can overcome this; however, if she doesn't, then it is possible for her to consider suicide. Please, think about it! Do you believe that this depressed woman is able to give birth to a healthy baby? I think, this is where the problem starts. Unfortunately, our society is full of people like this. The most painful side is teaching these men by a women. I suppose we should recover sources of these problems. Betül Mardin said, "If you train a man, you will train an individual. If you train a woman, you will train the next generations." From this point on, we can easily understand that women are key components of our society.

VIOLENCE AGAINST WOMEN IN THE WORKPLACE

First of all, workplace violence is any behaviour or treatment that causes harm, such as emotional, sexual or physical harm. Abuse in the workplace can include physical or mental mistreatment and any improper use of power meant to frighten, threaten and gain control over you. Workplace violence or abuse includes bullying, verbal harassment, sexual violence and sexual harassment. Some of examples of workplace violence, any unwanted sexual touching or asking someone to have sex. This is an especially big concern for women in non-corporate companies. Men think that money buys everything, in other words, money talks everywhere. When the money is combined with power, illegal things can turn legal. Women are not safe on the streets, they are not safe at work and when they get home they may be even less safe. I would also like to say that we need to change our mindset now!

VIOLENCE AGAINST WOMEN IN THE HOUSEHOLD

The majority of those in danger are child brides. Child marriages take place in every region of Turkey, but commonly in Eastern and Central Anatolia. One third of all marriages in Turkey are child marriages and these women get married under 18. Children officially get married at the ages of 16 and 17. Most of these

children, due to their bodies being not fully developed, is causing them to die during childbirth. I want to give an example from my country. A girl who was forced into an arranged marriage at 14 died in labour after suffering a brain hemorrhage. According to the Hurriyet daily news, Derya B. was married in a religious ceremony and gave birth a week ago, aged 15, and died of complications related to giving birth at such a young age. Derya died in a private hospital in Batman, east of Turkey on 17th of October. The United Nations reported that every two minutes, one woman dies from labour. How can a girl be forced to marry a man who is 60 years old, when she is only 14 or 15 years old? The girls' futures will be secured with an amount of money by the man and his family. In addition, this a cruel tradition, which is very common in the Middle East.

AS A RESULT

Violence can be learned from our own family or society. Help your children develop a conscience and to be respectful to women and not to be violent toward them. We should teach children that when we make a mistake we are willing to openly admit it and apologizing for these mistakes. This shows them we are human. Actually, this education should be given not only by the mother, but also by the father. We agree that our education starts at home with our family and this includes not having any violent toys in the home.

In Turkey normally there are many laws to protect women but the regulations are very bad. Everyone is commenting on their own, most people are interpret it according to their religion and that is completely wrong. Our religion orders that paradise is under the feet of the mother, we should understand that value is given to women in our own religion. Also, Islam orders us to protect women and to never behave badly towards your wife. This regressive mentality should be changed. One cannot be change the mentality of the old generations, but we, the younger generation, can try to broaden our thinking.

To sum up parents should educate their girls and boys on human rights and gender equality and to respect others. I strongly believe that education alone is the key to everything.

Sema BAKI



Invisible Accident

It was a snowy day. I was at home with my loneliness... Suddenly, there was a knock at my door, it was my friend Henry and I saw a big bottle in his hand, here was green liquid in it. I asked him what it was before it was too late.

Carl : What is that?

Henry: Taste it, you'll love it...

Carl : Alright, just give me the bottle.

I just took a sip and saw my body becoming invisible, I was shocked and scared. Then I ask him gently what was going on. When I checked myself in the mirror, all I could see was my back and my breath was steaming up the mirror.

Carl: Yo man! What is that! Why did you make me drink that thing? Are you crazy?

Henry: Dude, dude calm down... I was at chemistry school and I found it accidentally.

Carl: Really ? How the hell can it be that easy?

Henry: Actually, I don't know.

Carl: Then there is one thing we can do about it.

Henry: What's that?

[The news: Ghost activities in Mecidiyekoy... The residents of the area are very scared and they afraid to go out. The officers are on duty trying to solve the problem.]

Carl: That was amazing!

Henry: Yeah the best part is, that we wore the sheep and ran through the public.

Carl: Yeah, the best part of that is, the old guy that lost consciousness.

Henry: I think he is dead.

Then we started to run away, it's been a day, but we are still invisible. I hope everything is okay.

[The Newspaper: The evil souls has started to collect innocent people's souls. An old guy's body was found under the bridge.]

Carl calls Henry: We've got a big problem!

Henry: What's going on?

Carl: The old guy, I think he is dead!

Henry: Really?

Carl: Do I look like I'm joking?

Henry: Just take it easy. I'm coming.

1 hour after, the doorbell starts to ring

Carl: Welcome!

Henry : Can you believe that a truck almost killed me. Are those people blind?

Henry: What?

Carl: You forgot that you are invisible, didn't you?

Henry: Oh

Henry: That explains the scared people when I said, "Have a good day".

Carl: Now tell me the cure. How are we going to fix this?

Henry: Yeah... Dude, actually I don't know.

Carl: You've got to be kidding me...

Henry: No.

Carl: Then fine, we will go to school. The problem started at the school and it should end up there!

Henry: It's almost 3 am, how do we get in?

Carl: Just follow me (with the cool guy's smile)

[The brothers hit the road with mission impossible with their music and, of course, sunglasses) (but no one can see them without the glasses.)

Henry: Okay here we are. Now what are we going to do?

Carl: Uh I don't know, I think, we will just walk into the school.

Henry: All right...

[But unfortunately the brothers forget that their foot steps were visible in the snow]

[The security man was smoking near the front door and suddenly, he started to panic, loaded his gun and started firing at them]

Officer: What was that!!

Henry: Dude get down he's attacking.

Carl: God damn it! Move, move.

Henry: I think I've been shot.

Carl: Just run!!

We finally got in the school, my friend was wounded, but I think he can handle it and I hear the sirens. I think security already called the cops...

Carl: Are you okay? Dude, if you die, I will be stuck here as a ghost! Please, don't! We have to find the cure, then escape!

Henry: I don't think that I can make it man...

Carl: Try to survive, just try to survive man!

Henry: My blood... It's all over the floor. They will see us.

Carl: Hey, here's the room.

Come on get in and try to find that potion again!

Henry: Wait, I don't remember...

[He falls down]

Carl: No way! Tell me what the ingredient was!

[Henry is gone...]

Carl: Noo!!! Don't leave me alone man. You can manage it!

(with sad song)

Carl: Noooooo!!!!

It was one of the rare moments in my life that I cried ... After a couple of seconds, I saw that the angry people started firing the school...

Carl: I got to run! I'm sorry man, I have to escape, but I can't leave you behind!

Carl: What am I going to do...?

[He had to leave his friend in the building and he watched the building collapse with his friend in it. Now he is sentenced to live with that curse forever...]



THE INCONSISTENCIES

The beauty of life isn't hidden in the consistencies but in the inconsistencies. Like four seasons, every one of them has its own color. We need all of them to complete the colorful portrait of life, even if we prefer one in particular. Also, in relationships, the more different people are, the happier they are. Most people look for ones who are similar to them. Everyone wants another copy of themselves. However, what people don't understand is that differences are the things that fill the gaps between us and make us close. And the one you need most to be different from is yourself. You aren't made of one character, one idea or one feeling. You are a mixture of everything; different characters, ideas and feelings in this universe. For that, you have to understand all the differences inside you help you understand them in the external world. You have to live all of them and not to be content with just one of them.

Some people choose to adopt one part of their personality. Like being satisfied with one idea, character or feeling such as being mediocre. Not because they like being average, but because they don't want to try all the emotions that come with being the best. Their excuse is that they don't want to stress themselves to get anything. Well, you may sometimes be stressed, but you will end up being cheerful when you reach your purpose. If your life goes on in a straight line without any ups or downs, it means you are dead, even if you are still breathing because what makes your hearth pound is ups and downs, when you feel fear, nervous, anxious, and excited. You have to live the storm of all your feelings. You may say I'm comfortable in my life why should I go through storms? Because this storm is what you need to get the idea of pain and healing. For example, any storm you encounter hurts you, but at the same time this pain, caused by that storm, cures your wounds. Like phoenix, the thing that kills you also does you a favor because it allows you to be reborn from your ashes and wounds. Storms defeat all our weaknesses and build up a new strength. Pain and healing are the two sides of one coin. And without one side, you won't be able to figure out

the other. Don't think you will go through the storm and come out with the same personality. Therefore, when you are satisfied with being average, you kill all the feelings that make you alive. You commit a spiritual suicide. And if your spirit is dead, then there will be no difference if you are above or below the ground. In both situations you will be dead.

If you want to enjoy your life, you have to enjoy the inconsistencies first. The inconsistencies make your heart touch the real meaning of things. Think about the sun and the moon, they never meet, one likes the day and the other likes the night. They allow you to touch their beams, even if you can't hold them. However, both together give us a perfect view, so do the inconsistencies. The inconsistencies and light are exactly the same, both enlighten your dark way. Even if you can't hold them, you can sense them. So you are closest to the one who is very different from you. And together you make the perfect relationship. Of course, not all people believe in that, and they have the right to think that it's not common. Nevertheless, if we think deeply, since we are part of nature and nature is part of us, according to natural law, we find that the positive pole is attracted to the negative pole. And if you still have doubts, imagine that you have a friend who is 99% similar to you and only 1% is different from you. You may think it's perfect and you may not want anything more in a person, but what if you found out that 1% shows you are an honest person but s/he is not. Do you think 99% will do any good for you? To me, if you have a person in your life who understands you are totally different, and you understand s/he is different too, then I think you have a perfect harmony together because you complete each other. In order to understand something very well, it's necessary to understand it's opposite. For that, it's important to understand different people so that you can understand yourself very well.

On the whole, we need to risk our comfort zone and

live our lives with all of the emotions that we have. We have to challenge our fears by entering its zone and untie any rope on earth holding us from flying or stopping us from being different. Stop looking for another copy of you, you are wasting your time. No one born before or after you will be like you. You are just different than everybody else and similar to everyone in this universe.

Mudallala Mohammed MOUSA



TURKISH TOURISM THIS YEAR

In general, tourism in Turkey is focused on historical places and beaches. These beautiful places where people go for sunbathing and getting tan are along the

Aegean and Mediterranean Sea coasts. The historical places, in which anyone can see the old cultures of Ottoman Empire, are another contributing factor that has made Turkey a touristic destination.

As in the year 2014, Turkey attracted 42 million tourists, ranking the 6th most visited place in the World. However, this number dropped to just below 36 million in 2015. There was a "slight" change in the number, but still there was a decrease in it. Also, in the year 2016 the Turkish tourism industry suffered losses in the tourism sector due to a number of unfortunate

incidences. Some sources say this number got around 25 million tourists. This fall in tourism sector in Turkey made the most touristic spots almost empty. Not only did the number of visitors to Turkey drop, but also the economic balance of the country broke and the tourism industry is still having their worst time ever. Many hotels closed down because of the economic problems. Sometimes they couldn't even find someone to stay in their hotel.

There are many reasons for this issue, but actually the biggest reason is insecurity caused by terrorist attacks. Also, political problems with Russia

and having unstable region had a big role to play in this reduction in the number of tourists. In 2015, Turkey was in bad condition by the attacks made by a terrorist group named ISIS. In 2016, the US warned its citizens to refrain from visiting Istanbul, Ankara and the other crowded places which could be assaulted by terrorists. The US also warned and advised people to reconsider their visit to Turkey. Also, it kept people aware of the terrorist attacks that had been recently made. With lots of ups and downs in Turkish tourism industry, it seems that it is recovering thanks to longer economic stability and we hope that this industry will flourish in the year to come.

İbrahim Sezgin ERDOĞAN



THE THING I SUGGEST TO YOU IS...

Do not start watching anime... I remember the first time I started watching anime. Back in 2010, I was looking for an anime named Beyblade but I didn't know that was actually an anime. I thought it was a cartoon, I was watching it on TV when I was a baby. So, in order to find that cartoon on the internet, I started to type the letters "Watch Beyblade free". I know that's funny but I was a kid, I didn't know the fact that almost every video on the internet is free but it couldn't be helped, I was a kid. Anyway, I found the Beyblade on an anime site and started watching it but the left and right sides of the web page were covered by anime wallpapers; Naruto and Ichigo (Anime characters of Naruto and Bleach). So, I felt curious about them and in a second, I decided to ask the site members about it. I wish I hadn't...

First of all, I want to mention what anime is. Anime is basically Japanese animation that you can attach yourself to and can't get rid of but before that, let me introduce how they are created. First, mangakas (creators of

the mangas) draw the first volume of their manga (Japanese comics) and send it to the editors. And if they allow it, the manga becomes a series being published in magazines like; Shounen Jump, Next etc. Second, if the series goes viral and popular, producers want to adapt it as an anime. That's the process of how an anime is made. In addition, they publish animes on Japanese TV channels and we watch them on the internet. There are so many websites for animes that even if they publish it on Japanese channels, we can watch it with our native language subtitles. Also, some animes are dubbed into English and Turkish but I suggest you watch it in Japanese because it is better to watch it with their original dubbing. Not to mention some dubbings are really bad.

Also, the reality that you already know is wrong but the reality that you haven't seen yet is right. In other words, reality in animes are really perfect. One of the reasons that I cannot get rid of animes is this. But what if I try to escape that reality, what if I want to be normal...

To be honest, I don't want it, I don't want it because I feel happy in there. In almost every movie and TV series, you are not able to catch that reality and happiness like animes. For instance, 4 years ago, literally I was watching animes 12 hours a day. You can say to me that I'm an associal or lowlife but I see myself as lucky. Thanks to animes, I learned Japanese in 6 years and I enjoyed learning it. Today, I'm over self-confident but it brings so much trouble anyway. To get back to the topic, I want to touch briefly on the subject of Otakus. Otakus are people who give their rein to animes and dedicate their life to them. The people in Japan criticize them all the time and make them outsider from the society. Including Japanese government, the community doesn't want them in their own space. However, some organizations try to understand their suffering and want to give a hand.

Incidentally, I almost forgot to tell the rest of the story from the beginning. I asked the site members in order to ascertain who these characters are and

the site members told me who they are. After I learnt the truth, I turned into a beast who is not able to control himself and a person who is completely addicted. And now I'm here to tell you my story. Have I enjoyed it? Absolutely. But things have changed afterwards. Environment does not want to accept you. They are mocking you and underestimating you like a pervert, even your family, too. If you are caught up in animes, you become excluded eventually. I don't know what I can say for those people further but I know they are lower than us. You can be sure about this.

In the end, whatever it takes, whatever the consequences are, I won't stop watching animes and they will be my favourite joy. I don't care if people judge me or criticize me because I am doing the thing I like most. You can be normal but being abnormal is a privilege.

Yunus DERİCİ



BEHIND THE WALL

C*: People were not allowed to use their names, they could only use letters or combinations of letters.

C* was woken up by a frightening and shrill noise. She pushed the button to turn off the obtrusive alarm and then got out of the bed. She turned on her broken old TV and started to listen to the Governor's so-called motivational speech, which had already started, while she took a cold shower.

"...we will not let them take our freedom from us! You have everything here; you are completely safe and happy! Praise The Lord! Praise the Governor!"

It has been six years since the Governor was elected and the election took so much from people's lives. They lost their families, dreams, hopes, freedom, even their names; moreover, they couldn't understand how all these things happened. He promised freedom, wealth and a bright future, and to achieve this, he built an enormous wall around half of the country. He took his followers inside the wall and left others outside to die. The community witnessed so many tragedies and unspeakable events both inside and outside of The Wall. There were soldiers everywhere. They took or killed people, bombed houses, attacked groups of

people, kidnapped and raped women for no reason. And then they said it had to happen for their own good. Sometimes people commit "thought crime," even though they don't know what it is. They could find you easily because they were watching your homes and keeping track of all your calls. So, it was not easy to commit a crime. But obviously, there is no need to say what happened to them. When you walked out of the house, you had to check to see if there were any soldiers because once they become obsessed with you, there was no way to escape. C* saw a girl once; she was beaten to death just because her hair was too long and was not appropriate (!) for the community. People were left helpless there. She was born inside of The Wall; and she didn't even know what the outside was like. She thought of all these things while she was walking to school. She was lucky; her father was a well-known army doctor, so the government let her finish high school, but most of the young, especially girls, were not allowed to go to school. Just wealthy or well-known families managed to send their kids to school. When she reached the school, which looked like an old wreck, she saw a familiar face from lang syne. They looked each other and

just walked away. They both knew that it was forbidden to talk to the opposite sex in public places; they could only have small talks while they were working, if it was necessary, so they couldn't take the risk. But she was tired of this life. Someone would have to do something.

.. When she reached history class, the teacher had already started his complimentary speech routine about the Governor.

"...and he saved us from that huge disaster. When we lost our self-esteem, he helped us to gain it back. We should remember that we can't trust anyone but him.... He never lies to us. He is our great savior. Only his ideas can save us from division. Remember, you are happy and safe only inside of The Wall! We are not going to be an ungrateful community. We should praise the Great Governor!"

While he was speaking, C got really mad because she never believed in the Governor and never liked him. She lost almost all of her friends, her freedom and hopes because of him. And she couldn't stand it anymore. She built up her courage, stood up and screamed:

"I am dreaming of a world where the Governor is dead!"

Everyone in the class looked at her open-mouthed. No one talked for a couple of minutes, and after that, a girl named B slowly whispered in her ear:

"You should apologize immediately! That was wrong!"

The teacher was flexed out of shape and was looking at her eyes angrily.

"No, sweetie. You are wrong. We already told you what to dream! Now, before I go and call the soldiers, apologize! Unless, you want the punishment for being ungrateful!"

"Why should I apologize? He killed people for not sharing the same idea as him, he destroyed our families and left the children orphans, he took our freedom, future and even our names! I am not happy! We are not happy! This is not how it should be! So, I am not apologizing for hating him."

She left breathless and was almost crying; sat down in her seat pretty relaxedly, but she wasn't sure what was going to happen next. The history teacher told her that she was going to be sorry for saying those things, left the class and after a few minutes, he came back with four soldiers.

They frogmarched her out of the class as she screamed. This was the last time the entire class saw her.



BLOOD TYPE MATTERS



As it is understood from the title, blood is one of the most important things in our body that keeps us alive and has many effects on our health. In this article, I will discuss the effects of blood types. Some people, especially in Japan and in other Asian countries, believe that the blood types can influence your personality and eating habits. Moreover, these people choose their valentines according to their blood types. As far as scientists are concerned, behaviors and the style of consuming are not related to blood types. We have four blood types such as A, B, O, and AB and these four types have different features. We all mostly love things that are interesting and attractive. Character analysis from blood type is a fun way to learn a lot about our lives whether it is true or not. So, believing completely or ignoring literally is totally up to you. However, it looks like horoscopes in some aspects.

Speaking of type O, they are more social and energetic ones than the other types. Moreover, they always want to become the center of attention. Furthermore, they are very creative but when they start something, they are very active. However, they can give up quite easily. They can say what they are thinking directly, so they are honest people. Their communication skills are better than other types and can adapt to every condition like a chameleon. They are strong people and are healthy beings. They can easily reach their purposes. Type O people are the first people in the world and they are hunters and collectors. That's why they eat meat and vegetables mostly. Their digestion system works properly when they eat protein and low carbohydrate.

As for type A, they have strong feelings and love researching. They are more creative and artistic than the other types. Most sensitive people have type A. They are sharing people and ready to share all of their possessions. When they have a problem with an environment, they may get depressed. Because of this reason, they are most depressive type among the

Happy April's Fools' Day



First of April is celebrated as April Fools' Day all over the world. This day is a day of various jokes that bring smiles to everyone's face. Well, where does it come from? Why do people joke with each other on this day? There are many stories and legends about that as different culture, faith, and language.

One of them is the story of the emergence of April Fools' Day according to French people. Although Caesar who was Emperor of Rome announced the starting of the calendar as the first day of January, the New Year started on 25th March as beginning of spring for a very long time in Europe. After 1610 years from Caesar, King Charles XI of France changed first day of calendar to the first of January in 1564. But some people didn't know that the calendar had changed. Some of them wanted to protest this change. They continued to have parties and make jokes. People who knew the new calendar and accepted it called these people "April Fools". The day was called "April Fools' Day" and people joked with each other on this day.

In addition, there is a notion about 'April fish'. It is forbidden to fish in this season in France because this season is for reproduction for fish. People who wanted to joke threw fish into rivers and shouted 'April fish'. Other people believed this joke but nowadays this joke is not seen often.

According to Muslim people, the history of first of April is different from French people. In the late fifteenth century, the last castle of Andalusia Muslims was surrounded by a Crusader army. After a long time, the commander of this crusader army tried another way because he understood that they were in hard conditions. He held the Quran in one hand and the Bible in his other hand, and he said that he swore to not to do anything if they surrendered. And so the Muslim people gave the castle. But, next morning, first day of April, he gave an order to kill the Muslim people. Muslims said that he promised them otherwise but he said that his word was for the day before, there was no word for that day. And all Muslims were martyred there. That's why, since that day it is celebrated as a 'Trick day' between Christian people.

The importance of first of April shows a change from culture to culture. First of April is celebrated as Fous fest in Pagan culture. And, it was also celebrated as Hillarie in Ancient Rome. It is celebrated on thirty-first March as Holi in India. And, first of April is celebrated as

Gowk or Cuckoo day and as April Fools' Day in England. It is not seen as an important event in our country. But we can also joke with each other on this day.

We have explained the history of this day which everyone wondered about. Stories about this day are changeable from culture to culture. As a result, a joke is joke. Make each other happy. Wishing you a Happy April Fools' Day!

Duygu KÜÇÜK

others. They do not express their sadness with anyone. They have high patience but they are shy people. They can stay calm in a crisis when everyone is in panic. Their eating habits include vegetable, grains and mostly natural food. They may have problems with digesting milk's protein and meat so they should be careful when they eat these types of food.

When it comes to type B, they are the most practical ones among the others. They are adaptive and creative and strong-minded. Unlike type A, they are optimistic people with charming and outgoing personality. They have to spend extra time trying to solve a problem than the others. If they have

a mission to be done, they give their undivided attention to that work. They can try to reach their goals, even if it is hard to do or impossible to reach. They are more relaxed than other people. They have balance with food of animal origin and vegetables. They can lose weight easily. However, their body retains water easily.

Speaking of type AB, they are mixed with other blood types so they can be shy and outgoing with the same personality. Their mood can change easily from one to another. However, they are trustworthy and responsible people. They do not like taking risks because they are quite emotional, and they cannot stand the consequences

of what they do. Like type A, they don't eat meat a lot because they may have a problem with digesting animal protein. They eat fibrous and low glycemic food to relax their digestion system.

In conclusion, there is no doubt that blood is important. Some people think that blood types influence our characters and eating habits, whereas others disagree. Well, you can read your blood type information above and can see whether it matches your personality and eating habits or not.

Sebahat ÇAKMAK

BODY LANGUAGE TELLS THE TRUTH

Body language is a type of non-verbal communication which includes all gestures and body movement. We can communicate by using it instead of words. However, it is different from sign language. Do you know that our body language reflects what we want to say? It tells whether we are lying or not. It shows our self-confidence when we go to an interview. Also, when we want to learn whether someone loves us.

You will understand when someone lies to you if you are a good observer. The person who lies to you will often scratch his nose. The nose is an organ identified with a lie, like Pinocchio's nose. When we are in nonconforming situation, this sends signals to our brain and our nose will begin to itch and then we scratch it. So, it could happen that while we are speaking to someone, they scratch their nose and we think they are lying, but it could be just that their nose is itchy! So, it is not right

to say that every person who scratches his nose is lying because his nose could really be itchy. There are minor differences between the itchy nose and normal nose. If a person scratches his nose roughly, it is a real scratch, but if he touches it more gently, then he may be lying.

Body language has many meanings. First of all, if the person is sitting and crossing their arms, they are closed and negative to what is being said and they feel under stress. Secondly, if the person is scratching his head or ear during a conversation, that means he is embarrassed. Anyone who closes their mouth during a conversation indicates that the person is shy. Also, if the person yawns while you are talking, it means that the person does not agree with the issue. When three people are talking about something, and if the angle of the feet of two people are facing each other, it means that they are excluding the

third person. Moreover, the person whose hands are in his pockets and whose feet are opened to an angle of a hundred and twenty degrees, is overly confident of himself and he looks down on the person he is talking to.

Of course body language changes from culture to culture. Some examples are, shaking the head up and down means approval in many countries, but has a negative meaning in Bulgaria and Greece. As well, making eye contact while speaking is important in Western countries. There is a positive meaning in using body language, in Spain and Greece; whereas, it is embarrassing to talk with body language in Finland and Japan. So, for this reason, it is only necessary to make eye contact at the beginning of the conversation. When you wipe your nose with a tissue, it's normal in the West, but in the East people give you

a disgruntled look. People also do not tolerate this situation in Turkey, especially at mealtime. Although touching the nose with your hands indicates self-confidence in the UK, it should not be done in Italy. In many countries, such as Italy and the United States, it is very normal to shake hands while talking; however, this body language disturbs people in Northern European countries. It means insecurity and excessive exaggeration. It is also seen as impolite, especially in Japan. Shaking a hand means goodbye in America, on the other hand, in Europe, it means no. Crossing legs is very common in Europe and America, but is disrespectful in Asia and some European countries.

In conclusion, our body language tells what the truth is inside us and it can also tell our secrets and although we can understand people from their behaviors, we need to remember that the meanings can change from culture to culture.

Duygu KÜÇÜK



FURTHER WITH EDUCATION!

Hilal YURTSEVEN

"Without education, you are not going anywhere in this world." – Malcolm X

What is important for a human while living? Or what should be important? In my opinion, for every human, education should be the most important thing in one's life. A person loves what he or she knows, but he becomes an enemy to what he does not know. There are many ways to know or learn something, and education is one of them. In my opinion, it is the most effective way of learning and getting many things for ourselves because a person always needs to learn something and educate him or herself. And as long as a person starts to educate him or herself, at the same time, he or she starts to learn new things and love these new things. Otherwise, he or she will avoid the new things and become a stranger to them. If you are a stranger to new things then you cannot go further, improve your perspective and interrogate the happenings around you. That is why we cannot go anywhere in this world or in our lives, without education.

Also, according to Malcolm X's quotation above, if there is education, improvement comes after it, and we begin to see the world in a different way. Because the need for education has never ended and will never end. In terms of self-exploration and reaching to our inner world, education has a great role in our journey towards self-discovery through us. Education is a process of bringing change to the desired direction, and it brings knowing which stands for power. For example, Malcolm X educated himself in his prison years, he read numerous books. He felt a need inside, and it was a need for education. Also, again in

his life, he started to change himself from the beginning. Prison was a bad thing but he changed this bad thing into his improvement. After prison, he became a very important person, and gave many speeches about human rights. Where did his power come out? It came from his education, his improvement. And he also said that "they put your mind right in a bag, and take it wherever they want". He made a very good point because if you educate yourself, you cannot accept things that everybody says. You start questioning and criticizing everything, actually, you start using your mind, and reach the truth by using your power. This process turns into your self-becoming (changing) besides self-being. Is that not our main purpose in our lives, in fact? Basically, that should be the main purpose, otherwise, in my opinion, there is no meaning in being a human.

Moreover, I would like to give an example from a very famous novel, called Animal Farm. While I was reading the book, readers know, there is a main and very important point that I noticed. The animals in the book were gradually obeying the changes without questioning because they were kept busy with working harder and poverty, and they did not have enough time to read and educate themselves. As a result, they accepted whatever rules were given to them. Again, without education and interrogation, they have a limited perspective and vision in their lives. It is just a book, but actually, it was saying an important thing to us. It is education. It is an accumulation, and you can get over many difficulties with it because at the same time, you have the power in your mind. If we look at the instance from Malcolm X's life,

he also succeeded in becoming a good person in his life thanks to education, which is the real example in front of us.

Consequently, as humans, we need to go further because it is the purpose of our creativity. And we can do it with education. Education is an important way that makes us who we are, and into who we are becoming.



AYDIN Young PENS



SCHOOL NEWS

Istanbul Aydın University Prep School Activities 2017

During the academic year, Istanbul Aydın Prep School administration, teachers and student volunteers were busy organizing many extracurricular activities and commemorative ceremonies.

A Kermes, held on March 18th, was to raise funds for our in-school charity fund. Thanks to our very kind hearted friends who volunteered and brought home-made delicious food items for sale. They were all sold out and a good amount of money was raised. It was a very successful and a wonderful time full of great food and smiling faces.

The Aviation Club organized a Q&A (question and answer) event, to which pilots from Turkish Airlines were invited. It was found to be both interesting and enlightening by those in attendance.

One of the very important extra-curricular activities is our annual inter-class debates. It is a platform where our students are given the opportunity to display their spoken English ability and show their argumentative skills. This year, the debate competitions were again contentious and exciting.

Our traditional Inter-School Debates Festival, which was organized in the month of May, was again well-attended by several universities. It was very enjoyable and was a thing of pride for all participating schools. The jury was made up of distinguished academics and collaborative partners from major publishing houses. Participants and winners alike were awarded certificates and small gifts.

Teacher-Training Conferences were also in full swing the last couple of tracks. Those conferences were attended by our teachers.

A ceremony for the commemoration of the Canakkale Victory and Martyr's Day was held on 18th March. An awesome representation was played out by our friends in the most respectable way. They also read poems, which was also awe-inspiring.

Our school Drama Club performed a magnificent play this year, GREASE, directed by Aykut Yılmaz. Our students performed a near-professional job and got a standing ovation of all the audience.

Finally, IAU English Prep School Traditional Short Film Oscars Ceremony was held in our Conference Hall at the end of the year. The groups of students from different classes that shot short English films were awarded certificates and the Oscars were given to the Best Movie, the Best Screenplay, the Best Promising Film, the Best Language, the Best Actor and the Best Actress.



ARIES

Aries, you know you like to go it alone, but every partnership that you encounter will help you to do well in the new year, so open yourself to more input from other people. In turn, this will help you to finally relax because you won't be doing everything yourself. Another thing you must do is to notice those things your friends, family and loved ones do that either drive you crazy or make you happy. Then take a look inside yourself and see if any of those are things you also do. Make some changes where needed and improve the good as well.

GEMINI

Have a look at your life and where you are not having any fun. Afterwards, you can inject some fun into your life. Once you do this, your friendships and ESPECIALLY, your romantic relationships will take off and begin to shine!

CANCER

Cancer, you have so much to give, and your kind of tender care is exactly what the world needs in 2017, but you know it has to start with you. Remember, you can't be of service to anyone until you learn to take care of your own needs first. Perhaps, you can take a yoga class, learn to meditate or take up an instrument to relax and bring out your creative side.

LEO

This is the year to make your voice heard, pick a goal. Start a blog, set up a new IG account or take more of an active role in your community. When picking this goal, break it down into doable monthly goals for the whole year. Remember, look at the goal from all sides before you put anything into action. As for your love life? A change of scenery in the spring could seriously shake things up and lead to love in the summer.

SAGITTARIUS

You are aware of the value of team work and never will this be more evident than this year. There will be a fresh new team in your life. Imagine what you and your group can achieve this coming year! Dream big, and reach out to those around you who are like-minded and all your dreams will happen. Also, take a look at your group of friends. Are they really people who inspire you to be the best person you can be? Are there any people that you would like to meet and who could inspire you? Why not send out some emails or messages on social media to the people who inspire you. You might just get a mentor or internship.

CAPRICORN

You're a natural born leader and while using those leadership skills this year helping others and increasing your personal power, you will need to let loose or you will burn yourself out. Try doing a little more dancing, and laughing. Perhaps, some karaoke with your friends, or start taking some salsa classes to help you loosen up.

AQUARIUS

Aquarius, and this is a great time to look into some new teachings that broaden your ideas about your future life in the world. Learn another language or maybe even start your own online business! In the spring, you will revisit an old love which may help you to learn a new way of communicating in future relationships.

PISCES

In the stars: Did you know that your desire actually connects you to what you truly want? The quicker you learn this lesson, the sooner the cosmos will show you what is in store for you in 2017. As 2016 sent you plenty of new responsibilities and those responsibilities wore you out, remember how capable you are and keep on striving to do your best. To do this you will need to take "some alone time" for yourself, otherwise, people will distract you from pushing ahead in the New Year.

TAURUS

In the stars: Have you ever noticed that when you are eating healthy and working out that you get more done? Your physical health drives you and gives you energy. Try to live a healthier life so your productivity will increase. As well, due to some crisis and troubles with relationships this year, you have discovered a new way to do and see things. This will really help you in your love life this summer.

VIRGO

In the stars: It's time for you to show your worth, appreciate yourself more just by being you! Since you have a critical nature, you sometimes have periods of self-doubt, but future events will show you exactly how talented you are. Healing comes in the summer.

LIBRA

This is the year to work on yourself and let others know what you are worth. You know yourself better than anyone else, so don't let people tell you what to do. You can, however, listen to advice, but only use it if it fits with who you are and the morals you hold. This year there is an opportunity for personal success. You may also want to do a social media inventory just before the summertime. Am I being the real me? Am I just trying to be cool or to fit in? Read back through posts and have a look at how you've grown and how your words and images could make others feel. This year, each time you make a post, ask yourself: "Is this the message I wanna put out there?" "How would I feel reading this?" and "Is this MY truth or someone else's?"

SCORPIO

In the stars: You know better than any other sign that your intuition is an inborn superpower. This is especially true this year! Whether it is your dreams, emotional reactions, or even just a simple sense of "knowing," your psychic voice is always speaking to you. You will come to know just how valuable this is to you. What is your soul urging to you focus on this year? You work, study life or maybe even love? All of these will collide this summer, so be ready!

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